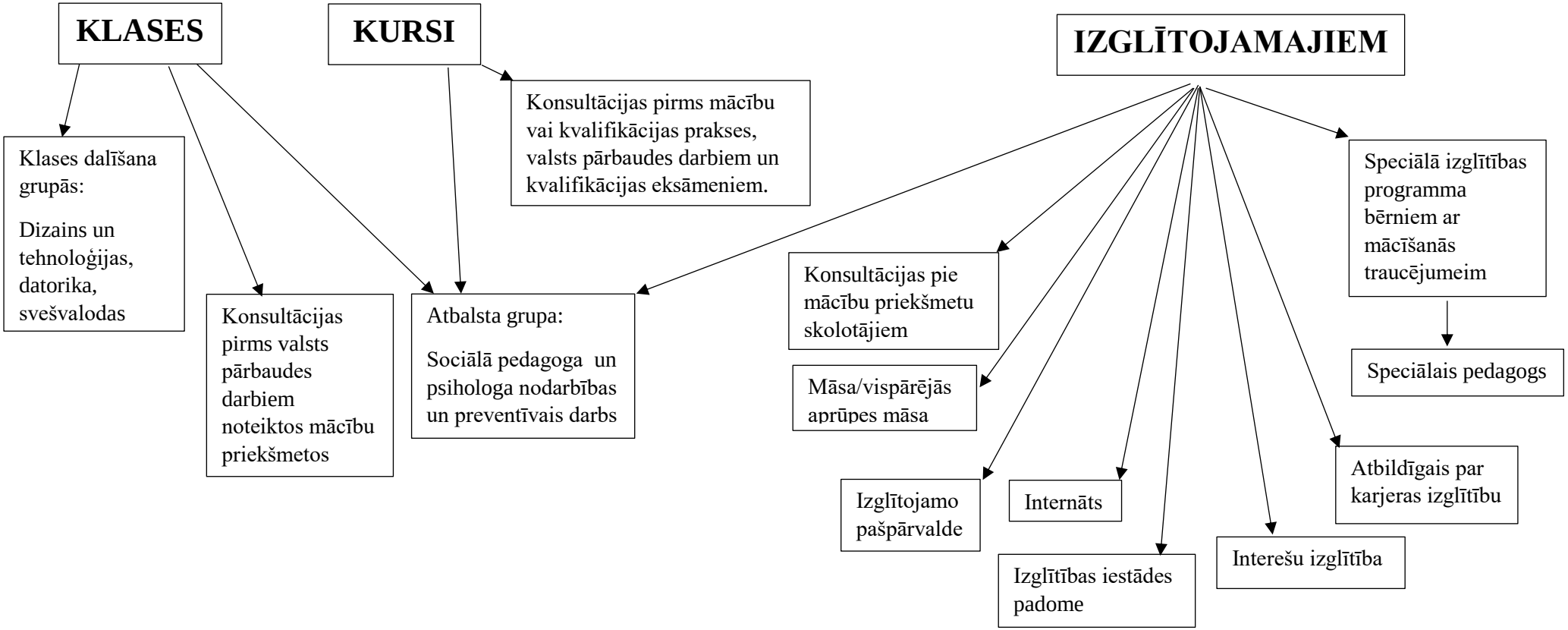Atbalsta sistēma